

- 1) A beneficial microorganism propagation-promoting material which promotes propagation of a beneficial microorganism, said material being obtained by inoculating koji mold on grains to effect koji preparation, adding water to a resultant from said koji preparation to thereby hydrolyze proteins and/or saccharides contained in said resultant, and removing a predetermined amount of phytic acid contained in said grains.
- 2) A beneficial microorganism propagation-promoting material comprising a mixture of:

 a product for promoting a propagation of beneficial microorganisms obtained by
 inoculating koji mold on grains to effect koji preparation, adding water to a resultant from said koji
 preparation to thereby hydrolyze proteins and/or saccharides contained in said resultant, and removing
 a predetermined amount of phytic acid contained in said grains; and

resistant starch.

- 3) A beneficial microorganism propagation-promoting material according to Claim 1 or 2, wherein propagation of a beneficial microorganism contained in said resultant from said kejis preparation and/or a beneficial microorganism added to said resultant from said kejis promoted during said hydrolysis.
- 4) A beneficial microorganism propagation-promoting material according to Claim—1, 2 or 3, wherein said beneficial microorganism is at least one selected from *Eumycetes*, lactic acid bacteria and bifidobacteria.
- 5) A process for preparing a beneficial microorganism propagation-promoting material which promotes propagation of a beneficial microorganism, said process comprising: inoculating koji mold on grains to effect koji preparation, adding water to a resultant from said koji preparation to thereby hydrolyze proteins and/or saccharides contained in said resultant, and removing a predetermined amount of phytic acid contained in said grains.
- 6) A process for preparing a beneficial microorganism propagation-promoting material according to Claim 5, wherein propagation of a beneficial microorganism contained in said resultant from said keji-preparation and/or a beneficial microorganism added to said resultant from said keji-preparation is promoted during said hydrolysis process.

7) A process for preparing a beneficial microorganism propagation-promoting material according to Claim 5 or 6, wherein said beneficial microorganism is at least one selected from *Eumycetes*, lactic acid bacteria and bifidobacteria.

18 g